JUNIOR HIGH CARDINAL RELAYS
Thursday, April 16th, 2026
At 1:30 PM

SCHEDULE OF EVENTS

1:30 PM **Coaches Meeting** (Scratches only. No changes or additions)

1:45 PM Pole Vault - Girls and Boys together
High Jump - Boys followed by Girls

2:00 PM **Field Events** (Finals only. There will be **3 jumps or throws**.)
Shot Put - Girls followed by Boys
Discus - Boys followed by Girls
Long Jump - Boys followed by Girls **South Pit**
Triple Jump - Girls followed by Boys **North Pit**

3:15 PM **Track Events**

100 M	Hurdles	Girls → Boys	Final
100 M	Dash	Girls → Boys	Final
800 M	Relay	Girls → Boys	Final
1600 M	Run	Girls → Boys	Final
400 M	Relay	Girls → Boys	Final
400 M	Dash	Girls → Boys	Final
800 M	Run	Girls → Boys	Final
200 M	Dash	Girls → Boys	Final
1600 M	Relay	Girls → Boys	Final