



Tinora Girls Basketball Future Rams



Who: 4th, 5th, & 6th Grade Girls

When: 3 Practice Days: January 16th, 23rd, & 30th, 2026

Game Day: January 29th at halftime of JV/Varsity

Practice Time: 3:30-4:30 p.m.

Where: Tinora High School Gymnasium

No Cost or Fees!!

What does the Future Rams include?

- High school basketball girls coaching the Future Rams!
- Fundamentals will be emphasized throughout every day.
- Offensive & defensive drills
- Scrimmages between teams

Please contact Coach Eli Plassman: ehplassman@gmail.com with the following information for registration.

Player's Name:

Grade:

T-Shirt Size:

Emergency Contact Name & Phone Number:

Any medical conditions that coaches should know about: