

Breakfast Includes 100% Juice, Fruit & Milk
 Lunch Includes Fruit, Milk & Condiments
 Un crustable Meal offered daily as second lunch option

NOVEMBER 2026

[Enter School Here]

Monday

Tater Tot Casserole **2**
 Roll
 Peas

 Egg Combo

Cheeseburger **9**
 Fries

Strawberry Shortcake Parfait

Chicken & Waffles **16**
 Sweet Potato

Yogurt Bar

Cheese Pizza **23**
 Carrot Sticks

Donut Sticks

Chicken Alfredo **30**
 Breadstick
 Broccoli

 Mini Bagels

Tuesday

Beef Empanada **3**
 Black Beans
 Roasted Zucchini

 Pancake on Stick

Ham Italian **10**
 Salad Bar

Scrambled Eggs & Toast

Grilled Cheese **17**
 Green Beans & Tomato Soup

Tater Tot Pizza

Chicken Quesadilla **24**
 Corn & Black Beans

Overnight Oats

Wednesday

Sweet & Sour Chicken **4**
 Rice
 Green Beans

 Donut Holes

Veteran's **11**
 Day
 No School

Baked Chicken **18**
 Roll
 Mashed Potato

Breakfast Sandwich

25

Thursday

Ham & Potato Soup **5**
 Breadstick
 Caesar Salad

 Mini Pancakes

Mac N Cheese **12**
 Roll
 Broccoli

Bagel

Spaghetti & Meat Sauce **19**
 Garlic Knot
 Caesar Salad

Banana Bread

Happy **26**
 Thanksgiving

Friday

Fish Sticks **6**
 Roll
 Beet/Squash/Sweet Potato

 Sausage & Apple Biscuits

Hotdog **13**
 Sweet Potato Tots
 Baked Beans

French Toast Sticks

Beef Nachos **20**
 Cheese Sauce
 Pico/Guac/Black Beans

Waffles

27

"The Maine Department of Education and the USDA are equal opportunity providers and employers."
 Due to availability of products, our menu is subject to change without notice.