

SEPTEMBER 2026

Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 French Toast Sticks
Or
Whole Grain Chocolate
or Blueberry Muffin

2 Build your own
Breakfast Bowl
Or
Whole grain Cereal
options

3 Pancakes
Or
Yogurt Parfaits

4 Breakfast Sandwich
Or
Banana Bread

**This institution is an
equal opportunity
provider.**

Milk served daily
1% low fat White or
Chocolate

**Juice option available
only at breakfast**

**String cheese or low-
fat yogurt options are
also offered as
alternative to other
proteins but not
together**

Each healthy meal must
include 1/2 cup of fruit that
is provided daily.

Students must choose at
least 3 food items to be a
reimbursable meal.

All cereal and granola
options are low sugar and
whole grain.

7 Labor Day
No
School

8 Breakfast Pizza
Or
Whole grain Cereal

9 Banana Split Parfait
Or
Whole grain
Bagels

10 Scrambled Eggs and
Sausage
Or
Uncrustables

11 Cinnamon Roll
Or
Whole grain Cereal

14 Whole grain muffin
Or
Yogurt with Granola

15 French Toast Sticks
Or
Berry Parfaits

16 Ham, Egg and Cheese
Sliders
Or
Whole grain Cereal

17 Loaded Hashbrowns
with eggs
Or
Whole grain bagel

18 Waffles
With Fruit topping
Or
hard-boiled Egg and
Nutri Grain Bar

21 Egg and Ham Scramble
Or
Banana Bread

22 Chocolate Chip Whole
grain Pancakes
Or
Whole grain Cereal

23 Breakfast Burritos
Or
Yogurt and Granola

24 Overnight Oats
Or
Eggs with Sausage

25 No School

28 Breakfast Flatbread
Or
Whole grain Cereal

29 Pancakes
Or
Uncrustables

30 Biscuits and Sausage
Gravy
Or
Banana Bread

SEPTEMBER 2026

Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Chicken Bacon
Cheddar Sandwiches
French Fries
Fruit Choice

2
Pizza
(pepperoni or cheese)
Corn
Fruit Choice

3
Cheesy Taco Pasta
Breadstick
Broccoli
Fruit Choice

4
Chicken Wraps
Baked Beans
Fruit Choice

8
Homemade Cheese or
Chicken Quesadillas
Baked Beans

9
Fruit Choice
Pierogis with Marinara
Breadstick
Vegetable Medley
Fruit Choice

10
Walking Tacos
Peas
Fruit Choice

11
Turkey or Ham Subs
Fresh Veggies
Fruit choice
Whole grain Chips

14
Chicken Strips
Sweet Potato Fries
Fruit Choice

15
Hot Ham and Cheese
Sandwiches
Edamame
Fruit Choice

16
Chicken Fajitas
Brown Rice with Mixed
Veggies
Fruit Choice

17
Brunch for Lunch
Fresh Veggies
Fruit Choice

18
NATIONAL
CHEESEBURGER/BURGER
DAY!!
Tator Tots
Fruit Choice

21
Chicken Patty
Carrots
Fruit Choice

22
Beef Burrito Bowls
Brown Rice
Black Beans
Fruit Choice

23
Chicken Parmesan
Sliders
Seasoned Peas
Fruit Choice

24
Sloppy Jo
Smiley Fries
Fruit Choice
Whole Grain Chips

25
No School

28
Turkey or Ham Wraps
Green Beans
Fruit Choice

29
Cherry Blossom
Chicken over Rice
Broccoli
Fruit Choice

30
Philly Steak
Hoagies
Baked Beans
Fruit Choice

News

**This institution is an
equal opportunity
provider**

**Milk served daily:
Low fat 1% White or
Chocolate**

**Each healthy meal
must include 1/2 cup
fruit and/or 1/2 cup
vegetable. Students
must choose at least
3 food items to be a
reimbursable meal.**

**All breads, wraps,
and pastas are whole
grain rich.**

**A variety of fresh
vegetables and salad
served daily with
each meal.**